

Jesus is The Bread

That Keeps Me Fed



After multiplying a handful of food and feeding 5,000, everybody got excited about the free lunch program they thought Jesus had started. So when they found him again the next day, he knew they were just looking for another meal deal—and had missed the point entirely.

Yes, eating is a fact of life. If you don't eat, eventually you starve and die. And the same is true spiritually. Just as food fills your stomach and keeps your body going, Jesus, the Bread of Life, gives your spirit the spiritual energy to follow God.

As you establish your new life in Christ, watch your diet. Eat the Bread of Life. Often. Feed on him in God's Word. And he'll lead you in the way—day by day.

Key Verse

Yes, I am the **bread** of life!

John 6:48

Click

Your child will now be able to say the meaning of this Bible verse in their own words.

Stick

The life application meaning of this verse is tied to the image of **bread**.

Click-er: Bread

Whenever you see, eat, or think about any kind of *bread*, let your mind take a big bite of this HoneyWord as it clicks and sticks.



Read John 6:48

Make-it-Stick

Make your favorite sandwich. Carefully write the name Jesus on each piece of bread, using a squirt bottle of mustard, ketchup, or mayonnaise. Before eating your meal, say this HoneyWord Lesson. Then think about how Jesus feeds your soul like this sandwich fills your stomach.

Everyone Take Turns Explaining the Meaning of this Lesson in Your Own Words

Ask, "What does this lesson mean?" If the answer is in the ballpark of the correct meaning, praise that person out loud. Then ask another child to explain it. Do this 2 or 3 times in a row.

Hold Up the Click-er

Hold up the Click-er (bread) and say this HoneyWord Lesson out loud:

"Jesus is the *bread* that keeps me fed."

Then repeat it out loud together one more time.

Pair Up in Small Groups of Two

If you're with more than one child, have your children pair up and ask each other to say the lesson out loud to each other.

Re-Group and Recite Again

Ask one child to say the lesson one more time, and then explain what it means.

Discuss How This Truth Applies to Your Everyday Life