

Like a Bowling Pin

I Get Back Up Again and Again



Bowling is a fun sport. Machines gather up scattered bowling pins and reset them in the right places. However, before there were machines, every time somebody bowled and knocked down pins, someone had to be at the end of the lane to set the bowling pins back up again.

When people hurt us by being unkind, we sometimes feel like we've been knocked down by a big, speeding bowling ball. And just like those people who used to set the bowling pins back up again, God is there to set things right so we can **get back up**.

God isn't a machine. He wants us to talk to him and ask for his help. When we do, we find God is soon helping us get back up on our feet and ready for another round of life.

Key Verse

*The godly may trip seven times, but they will **get up again**. But one disaster is enough to overthrow the wicked.*

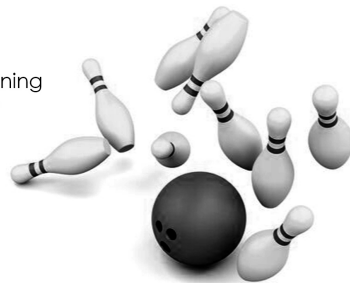
Proverbs 24:16

Click

Your child will now be able to say the meaning of this Bible verse in their own words.

Stick

The life application meaning of this verse is tied to the image of a **bowling pin**.



Click-er: Bowling Pin

Whenever you see, play with, or think about a *bowling pin*, let this HoneyWord roll through your mind as it clicks and sticks.

Read Proverbs 24:16

Make-it-Stick

Lie down on the floor and get up again seven times. Then think of one way in which you've felt "knocked down" by someone. Pray about it silently to God. Ask him for help to forgive and strength to get back up again.

Everyone Take Turns Explaining the Meaning of this Lesson in Your Own Words

Ask, "What does this lesson mean?" If the answer is in the ballpark of the correct meaning, praise that person out loud. Then ask another child to explain it. Do this 2 or 3 times in a row.

Hold Up the Click-er

Hold up the Click-er (bowling pin) and say this HoneyWord Lesson out loud:

"Like a *bowling pin*, I get back up again and again."

Then repeat it out loud together one more time.

Pair Up in Small Groups of Two

If you're with more than one child, have your children pair up and ask each other to say the lesson out loud to each other.

Re-Group and Recite Again

Ask one child to say the lesson one more time, and then explain what it means.

Discuss How This Truth Applies to Your Everyday Life