

# I Find Rest In His Nest

**Every bird builds a special kind of nest.** Some of these look neat, while others look messy. Wrens make tiny nests, while eagles form huge ones.

But every nest is a safe, warm home for a family of birds. It's where they eat, sleep, and grow up. And when the baby birds are ready to fly the coop, it becomes a launching pad for their first flight.

Think of the arms of Jesus as a warm, cozy nest where you can find rest from anything that seems hard or makes you feel bad. Do you get tired or worry a lot? Crawl into Jesus' nest. And let him teach you how to **rest**.

## Key Verse

*Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you **rest**. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find **rest** for your souls."*

Matthew 11:28-29

## Click

Your child will now be able to say the meaning of this Bible verse in their own words.

## Stick

The life application meaning of this verse is tied to the image of a **bird's nest**.

## Click-er: Bird's Nest

Whenever you see, touch, or think about a *bird's nest*, let your heart find rest in this HoneyWord as it clicks and sticks.



## Read Matthew 11:28-29

## Make-it-Stick

Politely ask your dad or mom to help you make bird's nest cookies. In the microwave, melt one cup of chocolate or butterscotch baking chips. Stir to make sure all the chips have melted. Mix them with one or two cups of chow mein noodles. Before the mixture cools, drop it by tablespoonfuls onto wax paper. Push down in the center of each with a spoon and add a few "eggs" (raisins or peanuts). When your "nests" are cool, say this HoneyWord each time you eat one.

## Everyone Take Turns Explaining the Meaning of this Lesson in Your Own Words

Ask, "What does this lesson mean?" If the answer is in the ballpark of the correct meaning, praise that person out loud. Then ask another child to explain it. Do this 2 or 3 times in a row.

## Hold Up the Click-er

Hold up the Click-er (bird's nest) and say this HoneyWord Lesson out loud:

"I find rest in His nest."

Then repeat it out loud together one more time.

## Pair Up in Small Groups of Two

If you're with more than one child, have your children pair up and ask each other to say the lesson out loud to each other.

## Re-Group and Recite Again

Ask one child to say the lesson one more time, and then explain what it means.

## Discuss How This Truth Applies to Your Everyday Life